



Northside Runners Triathlon Series

Presented by Mona Vale Dental - February 20, 2011

Race #	Name	Place	Sex	Course?	Swim	Run 1	Bike	Run 2	Total Time	Comment
75	Tracey Spindler	1	Female	Long	00:10:53	00:14:38	00:38:24	00:22:10	01:26:05	
62	Sharyn Nichols	2	Female	Long	00:11:09	00:14:32	00:38:16	00:24:48	01:28:45	
60	Sarah Thomson	3	Female	Long	00:12:13	00:14:54	00:40:41	00:23:21	01:31:08	
61	Shannon Quartly	4	Female	Long	00:12:17	00:15:37	00:39:32	00:24:00	01:31:26	
2	Alison Dale	5	Female	Long	00:14:39	00:14:35	00:41:29	00:22:30	01:33:13	
33	Jacinda Meiklejohn	6	Female	Long	00:12:54	00:16:32	00:40:49	00:24:31	01:34:45	
39	Jules Mackin	7	Female	Long	00:14:42	00:15:06	00:41:09	00:27:13	01:38:09	
65	Sophie Johnco	8	Female	Long	00:11:05	00:18:26	00:40:34	00:28:10	01:38:16	
34	Jane Lillycrop	9	Female	Long	00:13:29	00:16:31	00:44:05	00:26:11	01:40:16	
70	Tanya Schindler	10	Female	Long	00:11:37	00:20:47	00:40:17	00:30:52	01:43:34	
35	Jenny Gilbert	11	Female	Long	00:12:56	00:17:06	00:45:32	00:30:04	01:45:38	
84	Nicole Mack	12	Female	Long	00:14:44	00:20:24	00:51:51	00:37:37	02:04:35	
83	Marilu Luitingh	13	Female	Long	00:08:47	00:34:33	00:51:32	00:32:16	02:07:09	
55	Robyn Walker	14	Female	Long	00:11:50	00:18:59	00:36:23	00:33:58	01:41:10	One lap short on bike
106	Eliza Dulson	1	Female	Short	00:05:53	00:15:25	00:28:44	00:15:15	01:05:17	
80	Melanie Jane Brock	2	Female	Short	00:05:41	00:16:52	00:28:59	00:16:23	01:07:54	
117	Renee Gore-Brown	3	Female	Short	00:06:08	00:17:04	00:30:25	00:16:49	01:10:26	
46	Michelle Jones	4	Female	Short	00:06:26	00:16:50	00:32:28	00:16:22	01:12:07	
108	Hilary Woodfine	5	Female	Short	00:05:55	00:17:12	00:31:33	00:17:30	01:12:10	
126	Tania Kaye	6	Female	Short	00:07:01	00:17:41	00:34:28	00:16:20	01:15:30	
130	Guest 1	7	Female	Short	00:06:31	00:17:20	00:37:36	00:14:57	01:16:24	
63	Shellee Arthur	8	Female	Short	00:07:51	00:17:58	00:32:04	00:18:41	01:16:34	
113	Kerrie Hall	9	Female	Short	00:08:57	00:18:14	00:32:03	00:17:36	01:16:50	
4	Amanda Regan	10	Female	Short	00:07:36	00:19:15	00:32:51	00:17:11	01:16:52	
122	Zoe McBride	11	Female	Short	00:06:47	00:17:51	00:35:51	00:18:13	01:18:41	
112	Kate Ryder	12	Female	Short	00:06:14	00:19:20	00:39:18	00:19:09	01:24:01	
121	Toni Lawrence	13	Female	Short	00:07:17	00:20:17	00:36:18	00:22:25	01:26:17	



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Race #	Name	Place	Sex	Course?	Swim	Run 1	Bike	Run 2	Total Time	Comment
107	Emma Lonsdale	14	Female	Short	00:06:20	00:20:25	00:40:53	00:19:26	01:27:04	
69	Susan Robertson	15	Female	Long	00:16:54	00:19:32	00:37:32	00:18:29	01:32:27	
131	Guest 2	16	Female	Short	00:07:28	00:23:35				DNF?
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124	Tempe Saunders	1	Female	Junior	00:05:29	00:18:07	00:34:02	00:21:09	01:18:47	
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15	Daniel Howitt	1	Male	Long	00:09:47	00:12:14	00:33:23	00:18:51	01:14:15	
53	Peter Walker	2	Male	Long	00:10:22	00:12:15	00:32:51	00:18:55	01:14:24	
18	Darren Quarrell	3	Male	Long	00:10:38	00:12:01	00:32:51	00:19:26	01:14:56	
7	Anthony Lowes	4	Male	Long	00:11:51	00:11:43	00:34:27	00:18:39	01:16:39	
52	Peter Short	5	Male	Long	00:10:55	00:13:26	00:33:38	00:19:39	01:17:37	
123	Damon Astley	6	Male	Long	00:10:48	00:11:53	00:35:22	00:19:55	01:17:57	
50	Peter McLean	7	Male	Long	00:10:49	00:13:39	00:33:00	00:21:29	01:18:57	
28	Grantley Smith	8	Male	Long	00:10:27	00:13:19	00:35:09	00:20:32	01:19:28	
68	Steven Scott-Young	9	Male	Long		00:23:01	00:36:05	00:20:34	01:19:40	
11	Christopher Eagar	10	Male	Long	00:11:29	00:12:29	00:37:18	00:19:36	01:20:52	
78	Chris Cook	11	Male	Long	00:11:46	00:12:57	00:35:53	00:20:20	01:20:56	
48	Patrick Maitland	12	Male	Long	00:10:24		00:51:29	00:20:35	01:22:28	
74	Tom Verdich	13	Male	Long	00:10:41	00:13:37	00:37:45	00:20:39	01:22:43	
9	Chris Jones	14	Male	Long	00:11:06	00:12:54	00:38:00	00:21:03	01:23:04	
42	Mark Oakey	15	Male	Long	00:11:02	00:13:59	00:36:16	00:22:46	01:24:04	
3	Alistair Graham	16	Male	Long	00:13:15	00:13:07	00:36:55	00:20:47	01:24:05	
71	Tim Peel	17	Male	Long	00:11:40	00:14:14	00:38:06	00:21:46	01:25:45	
77	Ross Sinclair	18	Male	Long	00:10:57	00:13:50	00:40:20	00:20:44	01:25:52	
83	Stephen Curtis	19	Male	Long	00:11:44	00:15:11	00:37:22	00:21:44	01:26:00	
1	Adam Lord	20	Male	Long	00:11:11	00:14:09	00:38:01	00:22:57	01:26:19	
19	Daryl Baldwin	21	Male	Long	00:12:27	00:14:52	00:36:46	00:22:35	01:26:40	
44	Matthew Tonkin	22	Male	Long	00:11:56	00:14:23	00:36:53	00:23:28	01:26:40	



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Race #	Name	Place	Sex	Course?	Swim	Run 1	Bike	Run 2	Total Time	Comment
6	Anthony Lillycrop	23	Male	Long	00:11:14	00:14:15	00:37:16	00:24:05	01:26:49	
49	pete Ryan	24	Male	Long	00:14:19	00:14:13	00:38:19	00:21:32	01:28:23	
23	Edmund Hearle	25	Male	Long	00:11:49	00:14:58	00:38:24	00:23:29	01:28:41	
14	Rob Howitt	26	Male	Long	00:10:51	00:15:08	00:37:53	00:24:58	01:28:50	
29	Greg Davie	27	Male	Long	00:11:55	00:15:08	00:37:23	00:24:53	01:29:19	
17	Darren Geros	28	Male	Long	00:10:29	00:14:51	00:39:47	00:24:22	01:29:29	
64	Simon Eddy	29	Male	Long	00:11:53	00:14:29	00:40:13	00:23:20	01:29:54	
13	Clinton Scott	30	Male	Long	00:12:21	00:14:55	00:39:26	00:23:23	01:30:04	
26	giles stapleton	31	Male	Long	00:12:21	00:17:54	00:40:40	00:19:27	01:30:22	
87	Damian Hamer	32	Male	Long	00:13:49	00:15:40	00:36:13	00:24:48	01:30:29	
22	David Thompson	33	Male	Long	00:13:00	00:14:54	00:38:17	00:24:53	01:31:05	
10	Christian Browne	34	Male	Long	00:12:49	00:15:41	00:39:04	00:25:43	01:33:15	
67	Stephen Culligan	35	Male	Long	00:13:12	00:14:57	00:40:40	00:24:35	01:33:24	
30	Ian Anderson	36	Male	Long	00:12:59	00:16:25	00:40:46	00:23:37	01:33:48	
59	Ryan Lonsdale	37	Male	Long	00:11:57	00:15:54	00:42:31	00:23:39	01:34:02	
47	Pablo Iorio	38	Male	Long	00:12:24	00:15:35	00:42:13	00:24:25	01:34:38	
45	Michael White	39	Male	Long	00:14:57	00:15:51	00:40:11	00:23:41	01:34:40	
72	Tim Riordan	40	Male	Long	00:14:03	00:15:41	00:40:46	00:24:50	01:35:20	
16	Darren Bramwell	41	Male	Long	00:13:44	00:15:51	00:39:12	00:27:18	01:36:04	
8	Ben Goodland	42	Male	Long	00:13:56	00:15:59	00:39:04	00:27:36	01:36:36	
76	Yaroslav Jurkiw	43	Male	Long	00:13:47	00:15:25	00:42:14	00:26:08	01:37:35	
56	Roger Emslie	44	Male	Long	00:14:29	00:16:37	00:41:22	00:26:20	01:38:48	
37	John Nelson	45	Male	Long	00:14:06	00:17:43	00:40:57	00:27:35	01:40:21	
57	Rory O'Donoghue	46	Male	Long	00:16:02	00:17:17	00:41:57	00:25:44	01:41:00	
20	David Chant	47	Male	Long	00:17:01	00:16:33	00:43:58	00:24:08	01:41:40	
12	Christopher Ying	48	Male	Long	00:15:15	00:17:27	00:43:18	00:25:43	01:41:44	
66	Stephen Baily	49	Male	Long	00:11:59	00:17:57	00:43:46	00:28:09	01:41:51	
25	Geoff Meers	50	Male	Long	00:12:39	00:17:13	00:43:35	00:28:56	01:42:22	



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Race #	Name	Place	Sex	Course?	Swim	Run 1	Bike	Run 2	Total Time	Comment
54	Peter Werner	51	Male	Long	00:12:37	00:18:27	00:43:34	00:29:02	01:43:40	
40	Justin Dale	52	Male	Long	00:13:10	00:18:11	00:42:49	00:29:45	01:43:55	
31	Ian Craigie	53	Male	Long	00:13:58	00:18:28	00:44:48	00:28:37	01:45:50	
79	Mark Ayres	54	Male	Long	00:17:30	00:19:05	00:43:28	00:25:55	01:45:59	
24	Frederick Donolato	55	Male	Long	00:14:35	00:17:26	00:47:30	00:27:54	01:47:25	
82	Martin Luitingh	56	Male	Long	00:12:46	00:33:12	00:50:50	00:32:09	02:08:56	
73	Tim Scott	57	Male	Long	00:11:33	00:15:41	00:38:49	00:16:28	01:22:31	Did short course Run 2
116	Paul Shaw	1	Male	Short	00:06:08	00:14:25	00:28:33	00:14:38	01:03:44	
85	David Scollon	2	Male	Short	00:05:48	00:15:33	00:29:46	00:15:50	01:06:56	
86	Nick Marshall	3	Male	Short	00:06:13	00:16:47	00:30:25	00:15:40	01:09:05	
125	Dan Gartner	4	Male	Short	00:05:42	00:17:27	00:30:14	00:16:26	01:09:49	
115	Pat Cronin	5	Male	Short	00:06:23	00:17:34	00:31:53	00:16:10	01:11:59	
110	John Moore	6	Male	Short	00:06:42	00:18:04	00:30:08	00:17:57	01:12:51	
109	Jack Snell	7	Male	Short	00:06:01	00:18:22	00:34:14	00:16:15	01:14:52	
104	David piggott	8	Male	Short	00:06:51	00:18:27	00:32:32	00:18:10	01:16:00	
114	Luke Hicks	9	Male	Short	00:05:32	00:18:53	00:35:07	00:16:48	01:16:20	
120	Todd Hardie	10	Male	Short	00:06:39	00:18:37	00:37:06	00:16:37	01:18:59	
101	Andrew Edgar	11	Male	Short	00:06:08	00:21:02	00:33:00	00:19:48	01:19:57	
103	David Cooper	12	Male	Short	00:06:13	00:19:39	00:39:08	00:16:31	01:21:30	
105	Deane Adams	13	Male	Short	00:07:20	00:22:34	00:35:11	00:23:34	01:28:39	
119	Timothy Baily	14	Male	Short	00:06:55	00:22:54	00:37:15	00:22:13	01:29:17	
111	Jon McBride	15	Male	Short	00:07:06	00:19:33	00:43:05	00:21:31	01:31:15	
81	Not sure who this is?				00:13:54	00:17:58	00:42:15	00:29:23	01:43:30	