



WTC Triathlon Series

Presented by Avanti Plus Narrabeen - March 11, 2012

Race #	Name	Place	Sex	Course?	Swim	Run 1	Bike	Run 2	Total Time	Comment
6	Phoebe Fear	1	F	Long	00:13:26	00:14:19	00:37:50	00:23:07	01:28:42	
5	Nina Wines	2	F	Long	00:15:18	00:14:20	00:39:18	00:22:49	01:31:45	
4	Jane Lillycrop	3	F	Long	00:15:40	00:14:52	00:39:23	00:21:57	01:31:51	
1	Alison Dale	4	F	Long	00:15:38	00:15:05	00:40:41	00:22:12	01:33:36	
42	Sabine Homrighausen	5	F	Long	00:13:29	00:16:47	00:37:40	00:26:48	01:34:44	
9	Shannon Quartly	6	F	Long	00:15:44	00:16:50	00:39:05	00:24:18	01:35:56	
47	Anne Muetlenbeck	7	F	Long	00:15:29	00:16:46	00:40:05	00:25:10	01:37:31	
48	Gillian Dear	8	F	Long		00:32:45	00:40:44	00:25:00	01:38:29	
40	Isabell Beck	9	F	Long	00:18:09	00:15:55	00:39:42	00:24:52	01:38:38	
60	Michelle Jones	10	F	Long	00:16:01	00:16:35	00:41:07	00:25:32	01:39:15	
54	Pam Greening	11	F	Long	00:16:11	00:17:03	00:40:36	00:26:11	01:40:00	
39	Nicola Woods	12	F	Long	00:19:27	00:16:35	00:38:35	00:25:50	01:40:27	
3	Angela Rose	13	F	Long	00:16:19	00:17:13	00:42:02	00:25:58	01:41:32	
36	Tamzine Dougherty	14	F	Long	00:16:35	00:16:56	00:44:16	00:26:05	01:43:53	
45	Lisa Gooch	15	F	Long	00:16:23	00:18:34	00:42:54	00:29:47	01:47:40	
8	Rowena Walker		F	Long	00:16:41					Swim only?
41	Alison Lukas		F		00:17:11	00:19:21				Swim and run only
100	Joanne Bush		F	Short	00:22:18	00:19:42				Swim and run only
104	Nicole Mack	1	F	Short	00:08:54	00:18:44	00:33:07	00:18:29	01:19:13	
105	Toni Lawrence	2	F	Short	00:09:17	00:19:46	00:31:48	00:19:52	01:20:44	
101	Cassie Timm	3	F	Short	00:09:23	00:20:07	00:35:57	00:19:29	01:24:56	
10	Anthony Lowes	1	M	Long	00:13:54	00:11:17	00:33:06	00:18:12	01:16:29	
29	Peter Walker	2	M	Long	00:12:52	00:12:28	00:32:53	00:19:21	01:17:34	
58	Alex Dunn	3	M	Long	00:12:36	00:12:42	00:33:59	00:19:10	01:18:26	
32	Steven Middleton	4	M	Long	00:13:24	00:12:45	00:32:57	00:19:53	01:18:58	
21	Ian Blaiklock	5	M	Long	00:13:30	00:13:41	00:33:57	00:21:05	01:22:13	
43	Peter Ryan	6	M	Long	00:13:16	00:13:11	00:36:19	00:19:52	01:22:38	



WTC Triathlon Series

Presented by Avanti Plus Narrabeen - March 11, 2012

Race #	Name	Place	Sex	Course?	Swim	Run 1	Bike	Run 2	Total Time	Comment
22	Jason Popkowski	7	M	Long	00:13:24	00:14:28	00:34:48	00:21:14	01:23:54	
12	Christopher Eagar	8	M	Long	00:13:50	00:13:26	00:36:21	00:20:45	01:24:22	
34	Brian Black	9	M	Long	00:15:31	00:13:10	00:36:26	00:19:50	01:24:57	
53	Sven Pischke	10	M	Long	00:13:20	00:14:13	00:35:09	00:22:17	01:24:59	
13	Darren Bramwell	11	M	Long	00:14:38	00:13:59	00:36:07	00:21:08	01:25:51	
24	Matthew Tonkin	12	M	Long	00:15:09	00:14:26	00:35:46	00:23:13	01:28:34	
37	Stuart Dixon	13	M	Long	00:15:21	00:15:00	00:36:25	00:22:24	01:29:11	
59	Keith Double	14	M	Long	00:15:34	00:14:45	00:37:43	00:22:50	01:30:52	
28	paul toohey	15	M	Long	00:14:46	00:15:40	00:37:25	00:23:35	01:31:27	
50	Sinclair Bush	16	M	Long	00:15:07	00:14:30	00:38:21	00:23:39	01:31:38	
26	Oliver Scott	17	M	Long	00:16:55	00:14:42	00:38:24	00:21:40	01:31:41	
56	Peter Quinlan	18	M	Long	00:14:12	00:16:17	00:37:32	00:24:28	01:32:29	
55	Nigel Gibson	19	M	Long	00:15:15	00:15:00	00:39:34	00:22:43	01:32:32	
25	Nicholas Marshall	20	M	Long	00:15:04	00:16:48	00:38:47	00:23:47	01:34:26	
31	Shawn Addison	21	M	Long	00:16:38	00:15:48	00:39:30	00:23:03	01:34:59	
51	Ben Smythe	22	M	Long	00:18:13	00:15:03	00:39:56	00:22:33	01:35:45	
19	Greg Pride	23	M	Long	00:14:50	00:16:34	00:38:13	00:26:25	01:36:02	
27	Pat Cronin	24	M	Long	00:16:27	00:15:50	00:40:02	00:24:07	01:36:26	
16	David Thompson	25	M	Long	00:15:13	00:16:00	00:41:01	00:25:07	01:37:22	
11	Ben Goodland	26	M	Long	00:15:53	00:17:35	00:38:53	00:25:45	01:38:07	
30	Philip Graus	27	M	Long	00:16:47	00:17:18	00:38:58	00:25:38	01:38:41	
35	Ross Hynard	28	M	Long	00:19:02	00:14:41	00:43:00	00:22:11	01:38:54	
49	Mark Ayres	29	M	Long	00:18:52	00:17:07	00:40:59	00:24:54	01:41:51	
18	Geoff Meers	30	M	Long	00:16:43	00:17:17	00:40:35	00:27:39	01:42:14	
23	Mark Page	31	M	Long	00:13:58	00:18:10	00:41:50	00:28:50	01:42:48	
57	Rob Lowe	32	M	Long	00:16:45	00:18:49	00:43:20	00:24:01	01:42:56	
33	Victor Andersson	33	M	Long	00:19:29	00:16:03	00:43:21	00:24:05	01:42:58	
20	Huong Siew	34	M	Long	00:17:52	00:16:22	00:44:21	00:26:32	01:45:06	
17	Elliott Cunnew	35	M	Long	00:17:25	00:18:20	00:41:26	00:29:19	01:46:29	



WTC Triathlon Series

Presented by Avanti Plus Narrabeen - March 11, 2012

Race #	Name	Place	Sex	Course?	Swim	Run 1	Bike	Run 2	Total Time	Comment
15	David Jones	36	M	Long	00:16:29	00:19:24	00:47:11	00:31:39	01:54:43	
38	Wilf Deck	37	M	Long	00:17:57	00:34:10	00:58:55	00:37:28	02:28:31	
14	Darren Quarrell		M	Long	00:12:32	00:12:43				DNF
44	Dan Howitt		M	Long	00:11:37	00:12:47				DNF
46	Robert Halsall	1	M	Short	00:09:19	00:18:24	00:30:51	00:17:11	01:15:44	
103	Andrew Milne	2	M	Short	00:08:56	00:19:16	00:36:26	00:18:19	01:22:58	
52	Rob Currie		M	Short	00:06:58	00:17:07	00:32:35			DNF