

Name	RaceNo	Category	Gender	Time	CategPos	Cycle	Run2
Greg Nicholas	50	Duathlon - Long Course - 3km / 21km / 5km	Male	01:04:48	1	00:09:51 00:36:49	00:18:08
Christopher Wallace	21	Duathlon - Long Course - 3km / 21km / 5km	Male	01:06:09	2	00:09:24 00:38:10	00:18:35
Brian Black	51	Duathlon - Long Course - 3km / 21km / 5km	Male	01:07:17	3	00:10:30 00:36:47	00:20:00
Darren Bramwell	26	Duathlon - Long Course - 3km / 21km / 5km	Male	01:07:31	4	00:10:52 00:36:35	00:20:04
Kurt Lehmann	16	Duathlon - Long Course - 3km / 21km / 5km	Male	01:08:10	5	00:10:59 00:36:27	00:20:44
Paul McClarnon	23	Duathlon - Long Course - 3km / 21km / 5km	Male	01:08:32	6	00:10:42 00:37:35	00:20:15
Pete Walker	49	Duathlon - Long Course - 3km / 21km / 5km	Male	01:11:06	7	00:11:34 00:38:12	00:21:20
Michael Crawford	29	Duathlon - Long Course - 3km / 21km / 5km	Male	01:12:41	8	00:12:02 00:37:22	00:23:17
Michael Gilbert	6	Duathlon - Long Course - 3km / 21km / 5km	Male	01:13:05	9	00:11:35 00:39:29	00:22:01
Angus Sedgewick	45	Duathlon - Long Course - 3km / 21km / 5km	Male	01:14:49	10	00:12:06 00:38:57	00:23:46
jack danswan	22	Duathlon - Long Course - 3km / 21km / 5km	Male	01:17:05	11	00:11:47 00:39:45	00:25:33
Karim Bahri	24	Duathlon - Long Course - 3km / 21km / 5km	Male	01:17:21	12	00:12:52 00:40:55	00:23:34
Mark Herdman	7	Duathlon - Long Course - 3km / 21km / 5km	Male	01:17:37	13	00:12:46 00:41:20	00:23:31
Ian Blaiklock	27	Duathlon - Long Course - 3km / 21km / 5km	Male	01:17:59	14	00:11:21 00:37:11	00:29:27
Philip Manuel	25	Duathlon - Long Course - 3km / 21km / 5km	Male	01:20:14	15	00:13:22 00:40:19	00:26:33
Graeme Beattie	47	Duathlon - Long Course - 3km / 21km / 5km	Male	01:20:18	16	00:14:41 00:40:41	00:24:56
Andrew Mackenzie	48	Duathlon - Long Course - 3km / 21km / 5km	Male	01:26:23	17	00:14:41 00:42:42	00:29:00
Laura Higgins	5	Duathlon - Long Course - 3km / 21km / 5km	Female	01:21:43	1	00:12:34 00:45:36	00:23:33
Shannon Quartly	38	Duathlon - Long Course - 3km / 21km / 5km	Female	01:23:25	2	00:13:34 00:43:28	00:26:23
Bonnie Perris	20	Duathlon - Long Course - 3km / 21km / 5km	Female	01:25:30	3	00:12:58 00:46:39	00:25:53
LEAH SMITH	14	Duathlon - Long Course - 3km / 21km / 5km	Female	01:26:39	4	00:13:24 00:46:13	00:27:02
Lachlan Horlyck	32	Duathlon - Short Course - 3km / 12km / 3km	Male	00:49:20	1	00:11:16 00:23:25	00:14:39
James Walker	36	Duathlon - Short Course - 3km / 12km / 3km	Male	00:53:23	2	00:12:19 00:26:40	00:14:24
Hamish Clarke	39	Duathlon - Short Course - 3km / 12km / 3km	Male	00:54:45	3	00:13:02 00:25:50	00:15:53
Peter Caheny	28	Duathlon - Short Course - 3km / 12km / 3km	Male	00:59:06	4	00:15:23 00:26:47	00:16:56
Carlton Quartly	18	Duathlon - Short Course - 3km / 12km / 3km	Male	00:59:38	5	00:13:35 00:31:39	00:14:24
Ethan Quartly	17	Duathlon - Short Course - 3km / 12km / 3km	Male	00:59:37	6	00:13:34 00:31:37	00:14:26
Nathan Gazzard	13	Duathlon - Short Course - 3km / 12km / 3km	Male	01:15:37	7	00:12:42 00:48:41	00:14:14
John Hook	46	Duathlon - Short Course - 3km / 12km / 3km	Male	01:35:52	8	00:26:55 00:36:42	00:32:15
Trish Haronga	11	Duathlon - Short Course - 3km / 12km / 3km	Female	01:00:59	1	00:14:29 00:29:41	00:16:49
mandy hewes	12	Duathlon - Short Course - 3km / 12km / 3km	Female	01:00:58	2	00:14:29 00:29:39	00:16:50
Kirsten Crawford	30	Duathlon - Short Course - 3km / 12km / 3km	Female	01:03:08	3	00:14:11 00:30:30	00:18:27

Rowena Walker	37 Duathlon - Short Course - 3km / 12km / 3km	Female	01:06:36	4	00:16:06	00:31:13	00:19:17
Liz Nade	8 Duathlon - Short Course - 3km / 12km / 3km	Female	01:09:55	5	00:18:16	00:30:22	00:21:17
Natalie Cootes	3 Duathlon - Short Course - 3km / 12km / 3km	Female	01:19:38	6	00:18:16	00:38:32	00:22:50