



North Head Triathlon
 Presented by Avanti Plus Narrabeen
 November 25th 2012

Race number	Surname, First name	Sex	Swim	Rank	Run 1	min/km	Rank	Bike	km/hr	Rank	Run 2	min/km	Rank	Total time	Gender rank	Overall rank
Short course																
9	Warner David	M	00:08:08	1	00:17:45	00:06:34	3	00:25:53	32.45	1	00:16:25	00:05:28	2	01:08:11	1	1
1	Laine David	M	00:09:00	6	00:16:57	00:06:17	1	00:31:21	26.79	3	00:14:45	00:04:55	1	01:12:04	2	2
4	Quinlan Shayan	F	00:08:53	5	00:17:57	00:06:39	4	00:30:42	27.36	2	00:17:25	00:05:48	5	01:14:57	1	3
8	Mills Ashley	F	00:08:47	4	00:19:12	00:07:07	7	00:31:32	26.63	4	00:18:22	00:06:07	7	01:17:53	2	4
6	Sargeant Melissa	F	00:08:26	3	00:18:55	00:07:00	6	00:32:59	25.47	5	00:19:08	00:06:23	8	01:19:27	3	5
11	Milne Andrew	M	00:09:04	7	00:17:36	00:06:31	2	00:37:22	22.48	8	00:17:14	00:05:45	4	01:21:16	3	6
3	McLean Lisa	F	00:10:01	8	00:18:48	00:06:58	5	00:36:38	22.93	7	00:17:37	00:05:52	6	01:23:03	4	7
10	Caulfield Debbie	F	00:08:21	2	00:19:17	00:07:08	8	00:38:51	21.62	9	00:16:59	00:05:40	3	01:23:28	5	8
5	Reid Ted	M	00:10:41	9	00:26:13	00:09:42	9	00:34:04	24.66	6	00:24:08	00:08:03	9	01:35:05	4	9

Long course

52	Lowes Anthony	M	00:13:04	3	00:11:04	0:04:06	1	00:32:38	34.93	2	00:18:17	00:03:39	1	01:15:03	1	1
79	Wallace Lee	M	00:11:40	1	00:12:25	0:04:36	3	00:33:33	33.99	5	00:18:51	00:03:46	2	01:16:28	2	2
86	Bramwell Darren	M	00:13:51	15	00:12:46	0:04:44	6	00:32:41	34.89	3	00:19:52	00:03:58	6	01:19:09	3	3
80	Nilsson Daniel	M	00:13:24	8	00:12:32	0:04:39	5	00:33:14	34.30	4	00:20:11	00:04:02	7	01:19:21	4	4
85	Black Brian	M	00:13:14	6	00:12:32	0:04:38	4	00:34:20	33.20	8	00:19:29	00:03:54	4	01:19:35	5	5
50	Keating Sean	M	00:13:24	9	00:12:25	0:04:36	2	00:34:21	33.19	9	00:20:25	00:04:05	8	01:20:34	6	6
81	Double Keith	M	00:13:19	7	00:13:05	0:04:51	9	00:34:58	32.60	11	00:19:20	00:03:52	3	01:20:41	7	7

73	Blaiklock Ian M	00:13:35	12	00:13:53	0:05:09	12	00:33:56	33.60	6	00:21:33	00:04:19	10	01:22:58	8
87	Peterson Luke M	00:16:35	49	00:13:29	0:04:59	10	00:32:06	35.51	1	00:22:02	00:04:24	12	01:24:13	9
69	Woods Benjamin M	00:14:18	26	00:12:57	0:04:48	8	00:37:43	30.23	25	00:20:51	00:04:10	9	01:25:49	10
56	Nelson Darryl M	00:15:16	32	00:12:56	0:04:48	7	00:38:01	29.98	30	00:19:47	00:03:57	5	01:26:01	11
23	Fear Phoebe F	00:13:06	5	00:13:53	0:05:08	11	00:37:11	30.65	20	00:22:19	00:04:28	14	01:26:28	12
49	Hibbert Grant M	00:13:45	14	00:14:23	0:05:20	16	00:36:53	30.90	16	00:21:56	00:04:23	11	01:26:58	13
88	Tonkin Matt M	00:14:30	28	00:14:29	0:05:22	20	00:34:54	32.66	10	00:23:36	00:04:43	26	01:27:30	14
62	Scott Clinton M	00:14:15	23	00:14:26	0:05:21	18	00:36:27	31.28	14	00:22:27	00:04:29	16	01:27:35	15
45	Duggan Paul M	00:14:06	17	00:14:24	0:05:20	17	00:35:18	32.29	12	00:24:05	00:04:49	31	01:27:53	16
46	Gibson Nigel M	00:14:15	24	00:14:28	0:05:21	19	00:36:55	30.88	17	00:22:33	00:04:31	17	01:28:12	17
32	Skountas Lia F	00:12:28	2	00:15:13	0:05:38	26	00:38:31	29.60	36	00:22:40	00:04:32	18	01:28:51	2
25	Kiely Kate F	00:14:06	18	00:14:17	0:05:17	14	00:37:45	30.20	26	00:23:07	00:04:37	24	01:29:15	3
77	Tall Gary M	00:13:39	13	00:15:41	0:05:48	34	00:37:20	30.54	22	00:23:06	00:04:37	23	01:29:46	17
74	Boyd Hugh M	00:16:09	42	00:14:18	0:05:18	15	00:37:38	30.29	24	00:22:44	00:04:33	19	01:30:49	18
82	Bush Sinclair M	00:13:55	16	00:15:22	0:05:42	29	00:38:28	29.63	35	00:23:29	00:04:42	25	01:31:14	19
61	Ryder Paul M	00:13:26	10	00:15:25	0:05:43	30	00:40:02	28.47	44	00:22:24	00:04:29	15	01:31:17	20
75	Lonsdale Ryan M	00:14:06	19	00:15:38	0:05:47	33	00:38:35	29.54	37	00:23:00	00:04:36	22	01:31:19	21
27	Lilycrop Jane F	00:16:41	52	00:14:44	0:05:28	22	00:37:57	30.04	29	00:22:10	00:04:26	13	01:31:32	4
54	Marshall Nic M	00:14:06	20	00:16:12	0:06:00	38	00:38:02	29.97	31	00:23:50	00:04:46	28	01:32:12	22
43	Cronin Pat M	00:15:21	33	00:15:03	0:05:34	25	00:37:52	30.10	28	00:23:56	00:04:47	29	01:32:13	23
34	Vander Straaten Alison F	00:15:21	34	00:14:51	0:05:30	23	00:39:14	29.06	41	00:22:49	00:04:34	20	01:32:15	5
59	Miller Eric M	00:13:31	11	00:15:34	0:05:46	32	00:38:03	29.96	32	00:25:14	00:05:03	39	01:32:22	24
70	McNaughton Jeff M	00:13:04	4	00:17:13	0:06:23	45	00:37:31	30.38	23	00:24:50	00:04:58	36	01:32:38	25
48	Handley Beau M	00:16:24	45	00:14:32	0:05:23	21	00:38:15	29.81	33	00:24:01	00:04:48	30	01:33:21	26
29	Pople Claire F	00:14:06	21	00:14:51	0:05:30	24	00:39:17	29.02	42	00:25:09	00:05:02	38	01:33:23	6
41	Anderson Ian M	00:15:59	41	00:15:13	0:05:38	27	00:36:22	31.35	13	00:26:30	00:05:18	45	01:34:05	27
42	Andrews Ian M	00:14:55	30	00:15:21	0:05:41	28	00:37:16	30.59	21	00:26:56	00:05:23	48	01:34:28	28
30	Quartley Shannon F	00:16:15	43	00:16:03	0:05:57	37	00:38:48	29.38	38	00:23:49	00:04:46	27	01:34:55	7
35	Whiteman Amanda F	00:15:49	40	00:16:20	0:06:03	39	00:38:25	29.68	34	00:24:22	00:04:52	32	01:34:56	8
28	Meiklejohn Jacinda F	00:15:38	36	00:15:57	0:05:54	36	00:38:54	29.30	40	00:24:35	00:04:55	34	01:35:04	9
36	Donnelly Greta F	00:17:43	57	00:15:53	0:05:53	35	00:37:01	30.80	19	00:24:43	00:04:57	35	01:35:19	10
66	Sutton Adam M	00:16:39	50	00:17:40	0:06:33	50	00:34:05	33.45	7	00:27:09	00:05:26	51	01:35:32	29
76	Merry Giles M	00:16:15	44	00:16:25	0:06:05	40	00:40:58	27.83	50	00:22:58	00:04:36	21	01:36:35	30
38	Buchanon Terry F	00:14:46	29	00:15:28	0:05:44	31	00:41:57	27.18	54	00:24:51	00:04:58	37	01:37:02	11

55	McClymont Frank M	00:14:15	25	00:17:42	0:06:33	51	00:38:52	29.33	39	00:26:25	00:05:17	44	01:37:14	31	42
65	Siew Huong M	00:15:07	31	00:16:32	0:06:07	42	00:42:00	27.14	55	00:26:16	00:05:15	43	01:39:55	32	43
83	Stevens Duncan M	00:15:38	37	00:18:25	0:06:49	54	00:36:38	31.13	15	00:29:17	00:05:51	54	01:39:57	33	44
68	Whitehead Phil M	00:15:21	35	00:16:54	0:06:15	44	00:41:20	27.58	51	00:27:04	00:05:25	50	01:40:39	34	45
21	Just Emma F	00:17:09	55	00:16:30	0:06:07	41	00:43:01	26.50	58	00:24:34	00:04:55	33	01:41:15	12	46
47	Hair Mathew M	00:15:38	38	00:17:29	0:06:29	47	00:40:52	27.90	49	00:27:20	00:05:28	52	01:41:18	35	47
58	Peterson Tod M	00:17:50	58	00:17:47	0:06:35	53	00:40:12	28.36	45	00:25:57	00:05:11	41	01:41:46	36	48
44	Davies Owen M	00:18:11	60	00:17:34	0:06:30	48	00:40:37	28.07	48	00:25:50	00:05:10	40	01:42:12	37	49
7	Tuohy John M	00:16:39	51	00:16:49	0:06:14	43	00:44:02	25.89	61	00:26:43	00:05:21	46	01:44:13	38	50
72	Hagleitner Markus M	00:16:45	53	00:17:21	0:06:25	46	00:41:26	27.52	52	00:26:54	00:05:23	47	01:42:25	39	51
53	Maltman James M	00:16:24	46	00:17:44	0:06:34	52	00:43:56	25.94	60	00:26:14	00:05:15	42	01:44:18	40	52
71	Ayres Mark M	00:19:53	63	00:17:39	0:06:32	49	00:40:26	28.20	47	00:26:57	00:05:23	49	01:44:55	41	53
33	Steggall Zali F	00:16:50	54	00:19:16	0:07:08	58	00:43:10	26.41	59	00:28:32	00:05:42	53	01:47:48	13	54
26	Kirkland Katie F	00:17:33	56	00:18:37	0:06:54	55	00:41:50	27.25	53	00:30:18	00:06:04	56	01:48:19	14	55
78	Moura Eduardo M	00:15:38	39	00:19:10	0:07:06	56	00:42:13	27.00	57	00:32:46	00:06:33	58	01:49:47	42	56
22	Elvy Tiffany F	00:16:33	48	00:19:11	0:07:06	57	00:42:10	27.04	56	00:33:00	00:06:36	59	01:50:54	15	57
31	Seymour Jenna F	00:16:24	47	00:22:27	0:08:19	62	00:44:33	25.59	62	00:30:55	00:06:11	57	01:54:18	16	58
84	Kelly John M	00:18:04	59	00:20:35	0:07:37	60	00:50:07	22.75	63	00:29:27	00:05:53	55	01:58:13	43	59
64	Sheard Neil M	00:19:27	62	00:22:45	0:08:26	63	00:40:20	28.27	46	00:38:13	00:07:39	60	02:00:45	44	60
63	Scott Oliver M	00:14:09	22	00:13:54	0:05:09	13	00:37:00	30.81	18	withdrew ?		63	01:05:04	45	61
37	Lucas Alison F	00:14:24	27	00:19:36	0:07:15	59	00:37:50	30.13	27	withdrew		61	01:11:49	17	62
57	Nobre Joao M	00:18:43	61	00:20:40	0:07:39	61	00:39:23	28.95	43	withdrew		62	00:39:23	46	63