| Name | Race No | Category | Categ Pos | Gender | Gender Pos | Run 1 | Bike | Run 2 | Time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| alexander dunn |  | 5 Long course |  | 1 Male |  | 1 00:11:48 | 00:33:33 | 00:19:22 | 01:04:44 |
| Darren Quarrell |  | 2 Long course |  | 2 Male |  | 2 00:12:00 | 00:35:22 | 00:19:45 | 01:07:08 |
| Brian Black |  | 0 Long course |  | 3 Male |  | 3 00:11:56 | 00:35:33 | 00:20:14 | 01:07:44 |
| Paul Shelbourn |  | 5 Long course |  | 4 Male |  | 4 00:12:01 | 00:36:20 | 00:19:24 | 01:07:46 |
| Con O'Kelly |  | 4 Long course |  | 5 Male |  | 5 00:11:49 | 00:37:04 | 00:19:33 | 01:08:28 |
| James Wilby |  | 9 Long course |  | 6 Male |  | 6 00:11:45 | 00:35:47 | 00:22:32 | 01:10:05 |
| Ian Blaiklock |  | 1 Long course |  | 7 Male |  | 7 00:12:57 | 00:36:14 | 00:21:16 | 01:10:28 |
| Keith Double |  | 4 Long course |  | 8 Male |  | 8 00:12:55 | 00:38:14 | 00:22:33 | 01:13:43 |
| Ian Kennedy |  | 7 Long course |  | 9 Male |  | 9 00:13:22 | 00:36:52 | 00:23:40 | 01:13:56 |
| David Wiles |  | 1 Long course |  | 10 Male |  | 10 00:14:52 | 00:40:26 | 00:25:14 | 01:20:33 |
| John Stewart |  | 1 Long course |  | 11 Male |  | 11 00:17:53 | 00:48:24 | 00:34:43 | 01:41:00 |
| paul toohey |  | 3 Long course |  | Male |  | 00:15:47 | 01:07:57 |  |  |
| Sarah Fletcher |  | 6 Long course |  | 1 Female |  | 3 00:13:17 | 00:37:50 | 00:21:48 | 01:12:56 |
| lisa cash |  | 2 Long course |  | 2 Female |  | 4 00:14:45 | 00:41:06 | 00:22:57 | 01:18:49 |
| Caroline Corish |  | 3 Long course |  | 3 Female |  | 5 00:14:36 | 00:41:12 | 00:24:22 | 01:20:10 |
| Julia Trotter |  | 6 Long course |  | 4 Female |  | 6 00:13:59 | 00:46:12 | 00:22:35 | 01:22:47 |
| Antonia Cox |  | 8 Long course |  | 5 Female |  | 7 00:15:54 | 00:42:40 | 00:25:13 | 01:23:48 |
| Magui de la Torre |  | 0 Long course |  | 6 Female |  | 8 00:15:56 | 00:54:09 | 00:27:05 | 01:37:11 |
| Jo Cornwell |  | 5 Short course |  | 1 Female |  | 1 00:15:54 | 00:28:41 | 00:16:39 | 01:01:16 |
| Daniela Nomelini Yuba |  | 4 Short course |  | 2 Female |  | 2 00:18:16 | 00:32:52 | 00:18:54 | 01:10:03 |
| Anita Goodridge-OIsen |  | 3 Short course |  | Female |  | 00:21:18 | 00:55:39 |  | 1:16:48 |

