LONG COURSE

| Gender Pos | Name | Race No Time | Gender | Swim Lap 1 | Swim Lap 2 | Swim Total | Run1 | Bike Lap 1 | Bike Lap 2 | Bike Lap 3 | Bike Lap 4 | Bike Lap 5 | Bike Lap 6 | Bike Lap 7 | Bike Total | Run2 |
|------------|-----------------------|------------------|--------|------------|------------|------------|----------|------------|------------|------------|--------------|------------|------------|------------|------------|----------|
| | 1 Nicole Ward | 16 01:26:24 | | 00:05:21 | 00:04:35 | 00:09:57 | 00:13:21 | 00:06:49 | 00:05:46 | 00:05:37 | 00:05:34 | 00:05:37 | 00:05:39 | 00:05:52 | 00:40:56 | 00:22:09 |
| | 2 Miriam Orr | 35 01:31:23 | | 00:06:39 | 00:06:00 | 00:12:39 | 00:14:01 | 00:06:45 | 00:05:46 | 00:05:48 | 00:05:38 | 00:05:37 | 00:05:35 | 00:05:37 | 00:40:50 | 00:23:52 |
| | 3 Laura Higgins | 5 01:37:47 | | 00:07:28 | 00:06:58 | 00:14:27 | 00:14:06 | 00:07:20 | 00:06:02 | 00:06:09 | 00:06:06 | 00:06:03 | 00:06:16 | 00:06:14 | 00:44:14 | 00:25:00 |
| | 4 Lucy Giesen | 26 01:40:25 | | 00:06:26 | 00:05:51 | 00:12:18 | 00:15:46 | 00:07:08 | 00:06:19 | 00:06:30 | 00:06:35 | 00:06:28 | 00:06:30 | 00:06:29 | 00:46:03 | 00:26:17 |
| | 5 Hazel Clarke | 1 01:48:32 | | 00:06:13 | 00:05:39 | 00:11:53 | 00:18:35 | 00:08:55 | 00:07:25 | 00:07:31 | 00:07:26 | 00:07:26 | 00:07:34 | 00:07:46 | 00:54:06 | 00:23:57 |
| | 6 Linda Bushell | 3 01:50:34 | | 00:06:58 | 00:06:03 | 00:13:02 | 00:18:02 | 00:09:09 | 00:06:47 | 00:06:53 | 00:06:56 | 00:06:39 | 00:06:46 | 00:06:48 | 00:50:01 | 00:29:27 |
| | | | | | | | | | | | | | | | | |
| | 1 Ben Decreuse | 11 01:16:48 | Male | 00:05:25 | 00:04:43 | 00:10:09 | 00:10:56 | 00:04:19 | 00:05:39 | 00:04:45 | 00:04:43 | 00:04:46 | 00:04:47 | 00:04:57 | 00:34:00 | 00:21:43 |
| | 2 Luke Mclean | 72 01:17:31 | | 00:05:07 | 00:04:30 | 00:09:38 | 00:11:20 | 00:05:27 | 00:05:05 | 00:05:06 | 00:05:04 | 00:05:08 | 00:05:07 | 00:05:12 | 00:36:13 | 00:20:19 |
| | 3 David Jenkins | 14 01:18:09 | | 00:05:32 | 00:05:01 | 00:10:33 | 00:11:55 | 00:05:55 | 00:05:04 | 00:04:59 | 00:04:50 | 00:04:53 | 00:05:01 | 00:05:06 | 00:35:51 | 00:19:49 |
| | 4 Laurent Doyen | 67 01:18:23 | | 00:06:05 | 00:05:18 | 00:11:23 | 00:11:43 | 00:05:42 | 00:04:49 | 00:04:49 | 00:04:51 | 00:04:51 | 00:05:03 | 00:05:04 | 00:35:11 | 00:20:04 |
| | 5 Christopher Wallace | 32 01:18:39 | | 00:06:02 | 00:05:34 | 00:11:36 | 00:11:00 | FAULTY C | | | | | | | 00:37:28 | 00:18:33 |
| | 6 Brian Black | 41 01:20:30 | | 00:06:18 | 00:05:55 | 00:12:13 | 00:11:32 | 00:06:05 | 00:05:08 | 00:05:08 | 00:05:08 | 00:05:14 | 00:05:13 | 00:05:09 | 00:37:07 | 00:19:36 |
| | 7 Adrian Ciano | 29 01:21:02 | | 00:05:17 | 00:04:34 | 00:09:52 | 00:13:05 | 00:05:56 | 00:05:03 | 00:05:00 | 00:04:50 | 00:04:58 | 00:04:57 | 00:05:04 | 00:35:51 | 00:22:13 |
| | 8 Ian Blaiklock | 37 01:22:13 | | 00:05:33 | 00:05:08 | 00:10:41 | 00:12:46 | 00:05:26 | 00:05:26 | 00:05:02 | 00:05:01 | 00:05:05 | 00:05:04 | 00:05:16 | 00:36:22 | 00:22:21 |
| | 9 Peter Walker | 39 01:23:10 | | 00:05:35 | 00:04:57 | 00:10:32 | 00:12:59 | 00:06:16 | 00:05:08 | 00:05:09 | 00:05:06 | 00:05:10 | 00:05:16 | 00:05:27 | 00:37:35 | 00:22:02 |
| | 10 Liam Donohue | 7 01:25:03 | | 00:06:16 | 00:05:17 | 00:11:34 | 00:13:07 | 00:05:32 | 00:06:46 | 00:05:15 | 00:05:15 | 00:05:22 | 00:05:19 | 00:05:28 | 00:39:00 | 00:21:20 |
| | 11 Jayce Love-Attard | 70 01:25:54 | | 00:05:29 | 00:04:36 | 00:10:06 | 00:10:59 | 00:06:40 | 00:06:27 | 00:06:24 | 00:06:15 | 00:06:11 | 00:06:17 | 00:06:20 | 00:44:38 | 00:20:09 |
| | 12 Eoin O'Mahoney | 25 01:26:11 | | 00:06:35 | 00:05:57 | 00:12:33 | 00:13:16 | 00:06:43 | 00:05:20 | 00:05:14 | 00:05:16 | 00:05:21 | 00:05:20 | 00:05:36 | 00:38:52 | 00:21:28 |
| | 13 Cameron Laird | 31 01:26:18 | | 00:06:14 | 00:05:41 | 00:11:56 | 00:12:50 | 00:06:05 | 00:05:23 | 00:05:23 | 00:05:44 | 00:05:33 | 00:05:39 | 00:05:49 | 00:39:39 | 00:21:51 |
| | 14 jack danswan | 30 01:29:07 | | 00:06:49 | 00:06:24 | 00:13:14 | 00:12:00 | 00:06:05 | 00:05:15 | 00:05:09 | 00:05:20 | 00:05:23 | 00:05:23 | 00:05:38 | 00:38:15 | 00:23:52 |
| | 15 Gavin Peacock | 21 01:29:45 | | 00:05:28 | 00:04:36 | 00:10:05 | 00:15:00 | 00:06:27 | 00:05:07 | 00:05:11 | 00:05:29 | 00:05:13 | 00:05:27 | 00:05:35 | 00:38:32 | 00:26:07 |
| | 16 Luca Ridulfo | 17 01:30:43 | | 00:05:54 | 00:05:37 | 00:11:32 | 00:13:09 | 00:06:30 | 00:05:52 | 00:06:04 | 00:05:58 | 00:06:02 | 00:05:52 | 00:06:00 | 00:42:20 | 00:23:40 |
| | 17 Mathew Brown | 13 01:31:14 | | 00:06:25 | 00:06:10 | 00:12:36 | 00:14:22 | 00:06:44 | 00:05:27 | 00:05:26 | 00:05:22 | 00:05:26 | 00:05:26 | 00:05:36 | 00:39:30 | 00:24:45 |
| | 18 Migueak Moreno | 76 01:31:25 | | 00:06:50 | 00:06:03 | 00:12:54 | 00:14:36 | 00:06:34 | 00:05:28 | 00:05:28 | 00:05:22 | 00:05:26 | 00:05:22 | 00:05:31 | 00:39:14 | 00:24:40 |
| | 19 Michel Kerf | 22 01:33:04 | | 00:07:07 | 00:06:39 | 00:12:04 | 00:15:02 | 00:06:38 | 00:05:12 | 00:05:15 | 00:05:22 | 00:05:22 | 00:05:18 | 00:05:20 | 00:38:29 | 00:25:45 |
| | 20 Graeme Beattie | 20 01:33:11 | | 00:06:17 | 00:05:45 | 00:12:02 | 00:14:14 | 00:05:23 | 00:06:56 | 00:05:42 | 00:05:41 | 00:05:43 | 00:05:42 | 00:06:00 | 00:41:10 | 00:25:43 |
| | 21 Keegan McMahon | 28 01:35:17 | | 00:06:44 | 00:05:54 | 00:12:38 | 00:15:06 | 00:07:19 | 00:05:54 | 00:05:52 | 00:05:54 | 00:06:04 | 00:06:01 | 00:06:06 | 00:43:13 | 00:24:18 |
| | 22 Mark Griffiths | 4 01:36:07 | | 00:07:33 | 00:06:43 | 00:12:30 | | | | | 00.00.04 00. | 00.00.04 | 00.00.01 | 00.00.00 | 00:37:47 | 00:27:28 |
| | 23 Andrew Mackenzie | 24 01:36:27 | | 00:06:11 | 00:05:41 | 00:11:52 | 00:16:16 | 00:06:20 | 00:05:49 | 00:05:47 | 00:05:54 | 00:05:54 | 00:05:57 | 00:06:01 | 00:41:45 | 00:26:33 |
| | 24 David Wiles | 66 01:36:47 | | 00:06:29 | 00:06:07 | 00:12:37 | 00:15:45 | 00:06:16 | 00:06:06 | 00:05:46 | 00:05:49 | 00:05:49 | 00:05:47 | 00:05:48 | 00:41:22 | 00:27:02 |
| | 25 Adam Keelan | 15 01:36:49 | | 00:05:23 | 00:04:45 | 00:10:08 | 00:14:35 | 00:07:10 | 00:06:01 | 00:06:12 | 00:06:09 | 00:06:24 | 00:06:09 | 00:05:58 | 00:44:06 | 00:27:59 |
| | 26 Philip Manuel | 34 01:37:14 | | 00:06:47 | 00:06:09 | 00:12:57 | 00:16:10 | 00:07:22 | 00:05:34 | 00:05:30 | 00:05:40 | 00:05:36 | 00:05:44 | 00:05:45 | 00:41:14 | 00:26:52 |
| | 27 Anthony Macfarlane | 69 01:38:50 | | 00:05:12 | 00:04:31 | 00:09:43 | 00:15:54 | 00:06:36 | 00:06:06 | 00:06:00 | 00:05:54 | 00:06:03 | 00:06:15 | 00:06:16 | 00:43:13 | 00:29:58 |
| | 28 Russell Irwin | 58 01:39:14 | | 00:07:07 | 00:06:49 | 00:13:57 | 00:15:45 | 00:07:10 | 00:05:41 | 00.00.00 | 00.00.0 | 00.00.00 | 00.00110 | 00:11:53 | 00:42:05 | 00:27:26 |
| | 29 Julien LABOUZE | 10 01:39:22 | | 00:06:30 | 00:06:07 | 00:12:38 | 00:15:05 | 00:07:22 | 00:06:37 | 00:06:32 | 00:06:39 | 00:06:35 | 00:06:36 | 00:06:54 | 00:42:00 | 00:24:19 |
| | 30 Josh Mullens | 12 01:39:29 | | 00:06:09 | 00:05:40 | 00:12:50 | 00:16:06 | 00:07:04 | 00:06:11 | 00:06:06 | 00:06:12 | 00:06:12 | 00:06:12 | 00:06:08 | 00:44:07 | 00:24:15 |
| | 31 Kieran Donohue | 8 01:39:56 | | 00:06:31 | 00:06:03 | 00:12:34 | 00:15:26 | 00:07:39 | 00:06:15 | 00:06:12 | 00:06:12 | 00:06:23 | 00:06:12 | 00:06:23 | 00:45:28 | 00:26:26 |
| | 32 Clinton Ogier | 33 01:40:13 | | 00:07:19 | 00:07:08 | 00:12:34 | 00:15:20 | 00:06:55 | 00:05:59 | 00:05:50 | 00:05:42 | 00:05:44 | 00:05:53 | 00:05:56 | 00:43:20 | 00:26:54 |
| | 33 Steven Hill | 9 01:43:10 | | 00:06:55 | 00:07:00 | 00:14:20 | 00:15:08 | 00:07:54 | 00:06:40 | 00:06:35 | 00:06:42 | 00:06:52 | 00:06:39 | 00:06:52 | 00:42:02 | 00:26:54 |
| | 34 Neil Sheard | 19 01:48:01 | | 00:06:35 | 00:05:54 | 00:12:30 | 00:15:08 | 00:06:57 | 00:05:45 | 00:05:41 | 00:05:42 | 00:05:43 | 00:05:50 | 00:06:52 | 00:48:17 | 00:20:34 |
| | 35 Greg Pride | 18 01:51:47 | | 00:06:34 | 00:05:58 | 00:12:44 | 00:18:48 | 00:06:57 | 00:05:45 | 00:05:56 | 00:05:42 | 00:05:43 | 00:05:50 | 00:06:11 | 00:41:53 | 00:34:34 |
| | 36 Roberto Urioste | | | 00:06:22 | 00:05:58 | 00:12:21 | 00:18:39 | 00:07:16 | 00:06:06 | 00:05:56 | 00:05:57 | 00:08:07 | 00:06:07 | 00:06:29 | 00:44:00 | 00:36:46 |
| | Johan LEQUIEN | 6 01:54:39 23 | Male | 00:07:38 | 00:07:12 | 00:14:50 | 00.21.41 | FAULTY C | | 00:07:01 | 00.00.59 | 00.07.04 | 00.05.25 | 00.00.32 | 00.40.40 | 00.29.20 |

| SHORT COURSE | | | | | | |
|--------------|--|--|--|--|--|--|
| Gender Pos | | | | | | |

| HUNT COURSE | | | | | | | | | | | |
|-------------|--------------------------|--------------|--------|----------|----------|------------|------------|------------|------------|------------|----------|
| ender Pos | Name | Race No Time | Gender | Swim | Run1 | Bike Lap 1 | Bike Lap 2 | Bike Lap 3 | Bike Lap 4 | Bike Total | Run |
| | 1 Holly Willies | 44 01:05:51 | Female | 00:06:54 | 00:14:25 | 00:08:02 | 00:07:23 | 00:07:14 | 00:07:26 | 00:30:07 | 00:14:23 |
| | 2 Sally Peers | 75 01:10:01 | Female | 00:06:55 | 00:17:21 | 00:06:21 | 00:07:40 | 00:06:15 | 00:06:38 | 00:26:55 | 00:18:48 |
| | 3 Jo Hargis | 52 01:10:44 | Female | 00:07:08 | 00:17:37 | 00:08:07 | 00:07:10 | 00:06:59 | 00:06:44 | 00:29:01 | 00:16:56 |
| | 4 Amelia Giannitto | 71 01:14:32 | Female | 00:06:41 | 00:17:53 | 00:08:03 | 00:07:43 | 00:07:27 | 00:07:19 | 00:30:33 | 00:19:24 |
| | 5 Kim Shaw | 2 01:17:38 | Female | 00:06:37 | 00:20:01 | 00:08:47 | 00:06:54 | 00:07:02 | 00:07:11 | 00:29:55 | 00:21:04 |
| | 6 Kirsten Crawford | 77 01:20:54 | Female | 00:06:39 | 00:20:32 | 00:08:00 | 00:07:29 | 00:07:31 | 00:06:59 | 00:30:00 | 00:23:42 |
| | 7 Rowena Walker | 61 01:20:57 | Female | 00:07:48 | 00:21:13 | 00:09:24 | 00:07:27 | 00:07:29 | 00:07:23 | 00:31:44 | 00:20:10 |
| | 8 Fiona Mackenzie | 53 01:25:11 | Female | 00:08:54 | 00:20:11 | 00:10:07 | 00:08:53 | 00:08:38 | 00:08:43 | 00:36:22 | 00:19:42 |
| | 9 Anita Goodridge | 73 01:36:40 | Female | 00:09:18 | 00:32:55 | 00:12:00 | 00:08:12 | 00:08:16 | 00:08:17 | 00:36:46 | 00:17:40 |
| | Traci Martina | 50 DNF | Female | 00:08:16 | 00:25:33 | 00:11:09 | 00:08:18 | 00:08:15 | 00:08:22 | 00:36:06 | |
| | | | | | | | | | | | |
| | 1 Thomas Dorahy | 51 00:53:42 | Male | 00:05:25 | 00:12:42 | 00:05:47 | 00:05:25 | 00:05:32 | 00:05:46 | 00:22:32 | 00:13:01 |
| | 2 Liam O'Brien | 68 00:56:14 | Male | 00:06:31 | 00:11:38 | 00:06:50 | 00:05:59 | 00:06:08 | 00:06:11 | 00:25:10 | 00:12:54 |
| | 3 Robin Vandekreeke | 49 00:57:14 | Male | 00:06:09 | 00:13:07 | 00:07:18 | 00:05:34 | 00:05:35 | 00:05:30 | 00:23:59 | 00:13:58 |
| | 4 Ignacio Vernengo Lezio | 65 00:59:00 | Male | 00:06:41 | 00:20:45 | 00:07:04 | 00:05:50 | 00:06:02 | 00:06:19 | 00:25:16 | 00:06:16 |
| | 5 Jerome Nyssen | 74 01:03:04 | Male | 00:07:24 | 00:22:43 | 00:08:12 | 00:05:59 | 00:06:00 | 00:06:20 | 00:26:33 | 00:06:23 |
| | 6 James Stephenson | 43 01:03:37 | Male | 00:07:44 | 00:15:52 | 00:06:43 | 00:05:45 | 00:06:06 | 00:06:13 | 00:24:48 | 00:15:11 |
| | 7 James Walker | 60 01:03:39 | Male | 00:07:29 | 00:14:06 | 00:07:19 | 00:06:22 | 00:06:25 | 00:06:09 | 00:26:18 | 00:15:44 |
| | 8 James Gamble | 45 01:04:26 | Male | 00:07:55 | 00:15:09 | 00:06:52 | 00:06:18 | 00:06:22 | 00:06:31 | 00:26:04 | 00:15:16 |
| | 9 Harrison McEwen | 42 01:04:49 | Male | 00:07:46 | 00:15:11 | 00:07:07 | 00:06:37 | 00:06:44 | 00:06:51 | 00:27:20 | 00:14:30 |
| 1 | 0 Dave Collins | 47 01:09:33 | Male | 00:05:56 | 00:19:38 | FAULTY CH | HIP | | 00:05:29 | 00:23:23 | 00:20:34 |
| | | | | | | | | | | | |