



North Head Triathlon
 Presented by Mona Vale Dental
 February 16th 2014

Name	Race number	Swim Rank	Run 1 min/km	Rank	Bike km/hr	Rank	Run 2 min/km	Rank	Total time	Category rank
Male enticer										
Luke Walker	62	0:07:32	10:14:34	0:05:01	10:28:53	22.85	10:15:01	0:10:01	11:05:58	1
Male short course										
Luke Damon	60	0:07:11	10:16:02	0:05:32	20:27:23	30.68	10:16:46	0:05:35	21:07:20	1
Simon Harvey	76	0:07:26	20:15:53	0:05:29	10:33:57	24.74	50:14:43	0:04:54	11:11:58	2
Ryan Walker	18	0:07:47	30:16:24	0:05:39	30:32:14	26.06	40:18:15	0:06:05	61:14:39	3
Tim Pike	42	0:09:39	60:17:48	0:06:08	40:30:58	27.13	20:17:20	0:05:47	31:15:42	4
Dom Vazell	79	0:10:18	80:18:38	0:06:26	50:31:48	26.42	30:18:11	0:06:04	51:18:54	5
Todd Alexis	34	0:10:19	90:19:40	0:06:47	60:34:51	24.10	60:17:32	0:05:51	41:22:21	6
Andrew Milne	67	0:08:11	50:20:06	0:06:56	70:36:19	23.13	70:19:17	0:06:26	71:23:50	7
Ted Reid	57	0:10:15	70:30:24	0:10:29	80:39:24	21.32	80:25:52	0:08:37	81:45:54	8
Female short course										
Rickey Fukazawa	77	0:07:48	20:15:01	0:05:11	10:36:56	22.74	40:14:09	0:04:43	11:13:52	1
Lorna Garrity	52	0:07:36	10:18:42	0:06:27	20:32:21	25.97	10:18:54	0:06:18	31:17:31	2
CAROLINE GRAHAM	74	0:08:25	30:20:17	0:07:00	40:35:53	23.41	30:17:34	0:05:51	21:22:07	3
Danielle Albertz	22	0:08:32	40:22:09	0:07:38	50:35:46	23.49	20:19:58	0:06:39	41:26:25	4
Ally Thorne	73	0:10:17	60:25:03	0:08:38	60:45:58	18.27	60:22:49	0:07:36	51:44:05	5
Male Long course										
Jared Medhurst	49	0:10:59	20:11:35	0:04:00	10:34:21	34.24	10:19:22	00:03:52	21:16:15	1
Lee Wallace	81	0:10:56	10:11:38	0:04:01	20:36:38	32.10	40:19:15	00:03:51	11:18:25	2
Peter Walker	35	0:11:21	30:12:21	0:04:16	30:35:30	33.13	20:20:37	00:04:07	51:19:47	3
Darren Quarrell	48	0:11:40	40:13:29	0:04:39	80:36:00	32.67	30:20:50	00:04:10	61:21:58	4
Daniel Grunbaum	40	0:15:52	290:12:36	0:04:21	40:37:26	31.42	50:20:06	00:04:01	31:25:58	5
Benjamin Woods	56	0:13:28	110:13:21	0:04:36	70:39:08	30.05	120:21:00	00:04:12	71:26:56	6
Champ Phetiam	41	0:13:44	140:13:09	0:04:32	60:39:26	29.82	140:21:25	00:04:17	91:27:43	7

Darryl Nelson	83	0:12:56	8	0:12:48	0:04:25	5	0:41:35	28.28	21	0:20:36	00:04:07	4	1:27:54	8
Nigel Gibson	65	0:13:07	9	0:14:22	0:04:57	9	0:38:49	30.30	8	0:22:13	00:04:27	12	1:28:29	9
Damian Wallace	16	0:12:55	7	0:15:06	0:05:12	14	0:39:49	29.54	16	0:21:58	00:04:24	10	1:29:46	10
Daniel Hunt	1	0:12:48	6	0:15:31	0:05:21	19	0:39:05	30.09	10	0:22:49	00:04:34	14	1:30:12	11
Christopher Kurwie	45	0:14:11	18	0:14:59	0:05:10	10	0:41:19	28.46	18	0:21:03	00:04:13	8	1:31:30	12
Shane McCormack	23	0:13:20	10	0:15:02	0:05:11	11	0:38:54	30.23	9	0:24:20	00:04:52	16	1:31:34	13
Simon Bennett	55	0:13:33	12	0:15:48	0:05:27	22	0:40:21	29.14	17	0:22:57	00:04:35	15	1:32:38	14
Peter Ryan	47	0:13:41	13	0:15:28	0:05:20	18	0:41:19	28.46	19	0:22:40	00:04:32	13	1:33:07	15
Oliver Conick	32	0:16:11	30	0:15:13	0:05:15	16	0:37:27	31.40	6	0:24:30	00:04:54	18	1:33:19	16
Paul Duggan	25	0:14:08	17	0:15:05	0:05:12	13	0:39:12	30.00	13	0:25:22	00:05:04	21	1:33:46	17
Ian Andrews	11	0:13:45	15	0:15:40	0:05:24	20	0:39:06	30.08	11	0:25:32	00:05:06	22	1:34:01	18
Simon Kane	46	0:15:35	25	0:15:04	0:05:12	12	0:41:40	28.22	22	0:22:01	00:04:24	11	1:34:19	19
Simon Eddy	82	0:12:13	5	0:15:27	0:05:20	17	0:42:29	27.68	26	0:25:09	00:05:02	20	1:35:17	20
Neil King	9	0:14:50	22	0:15:42	0:05:25	21	0:39:47	29.56	15	0:24:59	00:05:00	19	1:35:17	21
Cameron Laird	31	0:15:42	26	0:15:08	0:05:13	15	0:38:31	30.53	7	0:26:40	00:05:20	28	1:35:59	22
Ryan Lonsdale	66	0:14:01	16	0:16:46	0:05:47	26	0:41:54	28.07	23	0:26:02	00:05:12	25	1:38:42	23
Paul Toohey	21	0:14:44	21	0:16:37	0:05:44	24	0:43:40	26.93	31	0:24:27	00:04:53	17	1:39:27	24
Maarten Rooij	13	0:15:47	28	0:16:19	0:05:38	23	0:41:25	28.39	20	0:26:01	00:05:12	24	1:39:30	25
Jason Bell	14	0:15:46	27	0:16:38	0:05:44	25	0:42:26	27.71	25	0:26:00	00:05:12	23	1:40:48	26
Matthew Meakin	54	0:14:31	19	0:18:03	0:06:13	30	0:42:51	27.44	27	0:26:36	00:05:19	27	1:41:58	27
Geoff Meers	28	0:14:43	20	0:17:30	0:06:02	29	0:41:56	28.04	24	0:29:23	00:05:53	32	1:43:31	28
Eitan Eibschutz	5	0:17:23	32	0:17:20	0:05:59	27	0:42:53	27.42	28	0:26:32	00:05:18	26	1:44:07	29
Angus Sedgwick	37	0:14:57	23	0:18:12	0:06:17	32	0:43:04	27.31	29	0:28:36	00:05:43	31	1:44:48	30
Marcus Smedman	27	0:15:30	24	0:17:25	0:06:00	28	0:43:15	27.19	30	0:31:23	00:06:17	33	1:47:31	31
Huong Siew	53	0:16:23	31	0:18:09	0:06:16	31	0:45:35	25.80	32	0:28:29	00:05:42	30	1:48:35	32
Fredrik Ornlid	70	0:19:27	33	0:18:19	0:06:19	33	0:49:36	23.71	33	0:27:03	00:05:25	29	1:54:23	33

Female long course														
Emma Just	43	0:12:47	3	0:13:03	0:04:30	1	0:39:48	29.54774	2	0:21:26	00:04:17	1	1:27:03	1
Kate Kiely	4	0:13:03	4	0:14:11	0:04:53	4	0:40:38	28.94176	3	0:23:01	00:04:36	3	1:30:51	2
Lia Skountzos	10	0:11:45	2	0:14:59	0:05:10	6	0:41:57	28.03337	6	0:23:02	00:04:36	4	1:31:40	3
Emily Washbrook	26	0:15:30	10	0:13:56	0:04:48	2	0:41:14	28.52061	4	0:22:13	00:04:27	2	1:32:51	4
Jess Madsen	64	0:14:28	5	0:13:58	0:04:49	3	0:43:06	27.28538	8	0:23:37	00:04:43	7	1:35:07	5
Caroline Corish	3	0:14:46	9	0:15:21	0:05:18	7	0:41:20	28.45161	5	0:24:30	00:04:54	9	1:35:55	6
Alison Vander Straaten	12	0:14:45	8	0:14:45	0:05:05	5	0:43:23	27.10718	9	0:23:29	00:04:42	5	1:36:20	7
Gina Harris	69	0:10:27	1	0:20:40	0:07:08	15	0:44:10	26.62642	10	0:24:21	00:04:52	8	1:39:36	8
Shannon Quartly	63	0:14:42	7	0:17:13	0:05:56	9	0:43:00	27.34884	7	0:27:16	00:05:27	10	1:42:10	9
Natalie Collier	80	0:17:34	14	0:17:58	0:06:12	12	0:39:31	29.7596	1	0:28:34	00:05:43	12	1:43:36	10
Kathleen Walsh	61	0:17:28	13	0:15:55	00:05:29	8	0:48:48	24.09836	14	0:23:31	00:04:42	6	1:45:40	11

Rowena Walker	36	0:16:22	11	0:17:35	00:06:04	11	0:47:31	24.74921	12	0:27:48	00:05:34	11	1:49:14	12
Charlotte Malycon	50	0:17:55	15	0:17:35	00:06:04	10	0:47:29	24.76658	11	0:28:43	00:05:45	13	1:51:40	13
Loya Gray	78	0:14:30	6	0:18:15	00:06:18	13	0:48:26	24.2808	13	0:30:36	00:06:07	15	1:51:46	14
Debbie Waite	15	0:17:25	12	0:18:23	00:06:20	14	0:51:21	22.90166	15	0:29:45	00:05:57	14	1:56:53	15