



Warringah Triathlon Club Duathlon
 August 19th 2012
 Presented by Northside Runners

Athlete name	Gender	Course	Position	Run 1	Bike	Run 2	Total time
Female long course							
Jane Lillycrop	F	Long	1	00:11:53	00:39:06	00:22:00	01:12:59
Amanda Whiteman	F	Long	2	00:16:25	00:41:01	00:20:48	01:18:14
Shannon Quartly	F	Long	3	00:13:56	00:40:50	00:23:36	01:18:22
Phoebe Fear	F	Long	4	00:12:17	00:44:39	00:22:36	01:19:32
Female short course							
Emily Sneade	F	Short	1	00:15:07	00:33:33	00:16:30	01:05:10
Male long course							
Anthony Lowes	M	Long	1	00:10:15	00:33:27	00:18:31	01:02:14
Pete Mclean	M	Long	2	00:10:44	00:32:57	00:18:46	01:02:28
Steven Middleton	M	Long	3		00:43:44	00:19:10	01:02:54
Luke Peterson	M	Long	4	00:10:46	00:33:18	00:20:43	01:04:47
Ian Kennedy	M	Long	5	00:11:15	00:34:36	00:20:40	01:06:30
Ian Blaiklock	M	Long	6	00:11:44	00:34:46	00:22:11	01:08:42
Grantley Smith	M	Long	7	00:11:56	00:35:51	00:21:37	01:09:24
David Lock	M	Long	8	00:11:29	00:37:21	00:20:37	01:09:27
Darren Quarrell	M	Long	9	00:11:07	00:39:13	00:20:16	01:10:37
Joseph Wilbers	M	Long	10	00:12:20	00:39:31	00:21:34	01:13:25
Clint Scott	M	Long	11	00:12:22	00:38:52	00:22:33	01:13:47
Ron Schwebel	M	Long	12	00:11:15	00:41:21	00:22:29	01:15:06
Simon Eddy	M	Long	13	00:12:14	00:39:19	00:24:43	01:16:16
Hugh Boyd	M	Long	14	00:16:14	00:41:11	00:18:55	01:16:21
John Moore	M	Long	15	00:11:14	00:45:45	00:20:41	01:17:40
Paul Duggan	M	Long	16	00:13:53	00:39:16	00:25:55	01:19:04
Elliott Cunnew	M	Long	17	00:14:08	00:39:33	00:26:22	01:20:02
Nic Marshall	M	Long	18	00:14:23	00:42:17	00:25:39	01:22:18
Greg Pride	M	Long	19	00:14:03	00:44:02	00:26:37	01:24:42
Stephen Nicholls	M	Long	20	00:14:25	00:43:34	00:27:01	01:25:00
Mark Riley	M	Long	21	00:15:46	00:47:19	00:29:01	01:32:07
Frederick Donolato	M	Long	22	00:16:13	00:46:24	00:29:31	01:32:08
Deane Adams	M	Long	23	00:17:57	00:17:52	00:29:55	Mechanical
Male short course							
Richard Callaghan	M	Short	1	00:14:38	00:30:05	00:18:55	01:03:38

Jach Adams

M

Short

2

00:17:32 00:37:57 00:19:24

01:14:53

